

# ***TruTrainer™***

## ***Manual Auxiliary Load Device***

### ***Assembly Instructions***



#### **⚠ CAUTION:**

**To prevent damage, familiarize yourself with the parts list and assembly instructions prior to beginning assembly.**

**To prevent personal injury, read all precautions and instructions in the User's Manual before using this product.**

## Assembly Procedure

The manually adjustable auxiliary load device should be installed on fully assembled y TruTrainer™ rollers. It is designed to work with the belts and belt guard installed on the right side of the rollers.

1. Begin by removing the flywheel belt guard secured by three flat head socket head screws using a 4 mm hex wrench.



2. Install the stainless steel pivot bolt into the forward hole used to hold the belt guard to the rail frame.



3. Install the load bar between the rails so that it locates on the pivot screw installed in the previous step



4. Install the belt guard with the cutout for the load bar using two screws removed during step 1



5. Insert the shoulder bolt into the pivoting mechanism of the load adjustor and insert the bolt into the forward screw hole on the frame rail. The bottom of the adjustment mechanism has two tabs which abut against the bottom of the rail as shown below. Tighten the shoulder bolt until it is snug.



6. Assembly is complete and should look like that shown below. The load bar in this picture is furthest away from the middle drum and in the no load position. To add load, gently pull the handle inboard and move it forward to swing the load bar closer to the rollers.

